Hold one hand over your right eye, and hold this paper at eye level, in the middle of your face. Focus your left eye only on the star, don’t move your eye from it. Move the paper slowly away, until the dot disappears. You have found your blind spot.

Repeat as before - what happens to the gap?

Which blue circle is bigger?

Which red line is longer?

Sight sheet by Ben Micklem, MRC Brain Network Dynamics Unit