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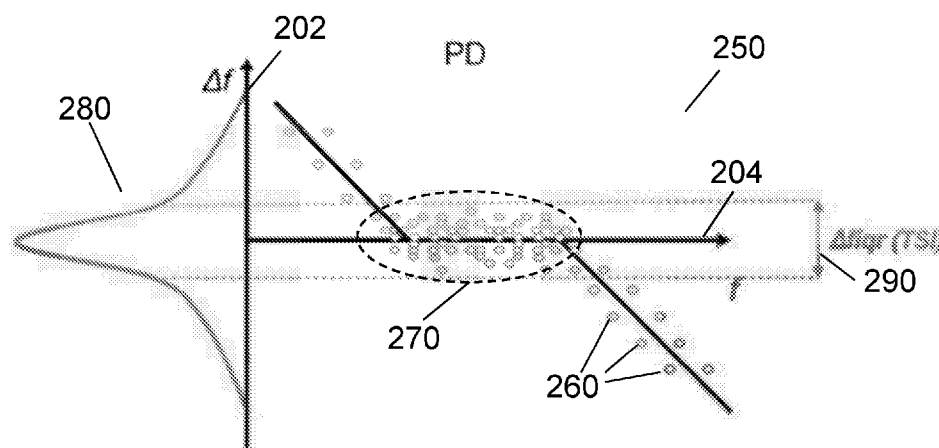


Fig 2b

(57) Abstract: A method of characterising tremor stability in a subject is described for a subject having an involuntary tremor symptomatic of a neurological disorder. The method comprising: identifying a series of tremor cycles from measured tremor data of the subject, said tremor cycles measuring periodic variation in movement of the subject due to the tremor; determining an instantaneous frequency for each tremor cycle and collating the instantaneous frequencies; determining an instantaneous variation between the instantaneous frequencies of each pair of adjacent tremor cycles within the series; comparing the instantaneous variation to the collation of determined instantaneous frequencies to determine a distribution of instantaneous variations; and determining an index value of the distribution of the instantaneous variations, said index value defining the stability of the tremor.

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## METHODS AND SYSTEM FOR CHARACTERISING TREMORS

### Field

5     Methods and a system of characterising tremors are described. In particular, methods and a system of determining an index value of the distribution of instantaneous variations of the tremor that defines tremor stability are described.

### 10     Background

Misdiagnosis in tremor syndromes is a common and often underestimated problem. Central to this problem is the lack of accurate diagnostic tools that can distinguish different tremor aetiologies. Indeed, the diagnostic accuracy of  
15     Parkinson's disease (PD) has been estimated to be 80% amongst movement disorders experts, and 74% if the disease is diagnosed by a neurologist not expert in movement disorders.

In Essential tremor (ET) there is no gold standard diagnostic procedure, not  
20     even at post-mortem, and diagnosis is made purely on clinically defined criteria. 37% of ET patients are misdiagnosed.

The stability of tremor frequency over time has recently been considered as the basis for a potential diagnostic aid in Brittain et al. *The Journal of*  
25     *Neuroscience* **35**, 795-806 (2015). This study analysed the variation in instantaneous tremor frequency over time, and showed that, in ET the frequency of tremor remains stable only over a narrow range of frequencies, whereas in Parkinson's disease tremor (PDT) the frequency can remain stable over a much broader range.

In the present disclosure, it is an object to address or at least ameliorate some of these shortcomings.

### Summary

5

According to a first aspect of the present invention, there is provided a method of characterising tremor stability in a subject, said subject having an involuntary tremor symptomatic of a neurological disorder, the method comprising: identifying a series of tremor cycles from measured tremor data of  
10 the subject, said tremor cycles measuring periodic variation in movement of the subject due to the tremor; determining an instantaneous frequency for each tremor cycle and collating the instantaneous frequencies; determining an instantaneous variation between the instantaneous frequencies of each pair of adjacent tremor cycles within the series; comparing the instantaneous variation  
15 to the collation of determined instantaneous frequencies to determine a distribution of instantaneous variations; and determining an index value of the distribution of the instantaneous variations, said index value defining the stability of the tremor.

20 The present disclosure provides an index value that is representative of the distribution of the instantaneous variations across all the measured frequencies of the tremor, rather than a subset. This provides an indication of the relative stability of the tremor across the range of observed instantaneous frequencies. One particular problem with traditional attempts to measure  
25 tremor is that the frequencies vary apparently at random. However, the present invention instead measures the variations between tremor cycles, with the relative range of variation, described by the index value defining the tremor status of the subject. This tremor status may be further utilised to provide a possible deterministic tool. For example, index values above or below a  
30 certain threshold value may be indicative of a particular tremor status.

It is important to note that the index value is determined based on a comparison of the instantaneous variations between the instantaneous frequencies of (each) pair of adjacent tremor cycles. In this way, the determination relies upon the collected and collated data of each subject,  
5 rather than a comparison between data from one subject and data from another subject having no tremor. In this case, there is no diagnosis of the underlying condition (namely tremor) – patients known to have tremor instead have their tremors analysed to determine an index value indicative of their tremor status.

10

Additionally, by undertaking a statistical approach across the whole range of observed frequencies, selection bias can be reduced and bin width issues mitigated.

15 As noted, each tremor cycle has only one instantaneous frequency, however it can be appreciated that this may shift between cycles.

By analysis of the overall tremor stability characteristics of PDT and ET, the index value (sometimes referred to as a tremor stability index (TSI)), allows for  
20 the discrimination of these two tremor types.

In embodiments, the tremor may be obtained using a sensor. The measured tremor data may be obtained by a triaxial accelerometer or a velocity-transducing laser. It can be appreciated that other means for sensing the  
25 tremor of a subject may be utilised. The sensing of the tremor may comprise extracting a waveform of the tremor as detected over a set period of time.

In embodiments, the frequency of each tremor cycle may be identified by determining the first principle component of the tremor. The first principle  
30 component may be extracted using principle component analysis. The first principle component may be filtered, such as between 2 and 9 Hz frequency.

Such filtering may be performed using a high-pass filter, or may be undertaken using a software solution.

5 The frequency of each tremor cycle may be identified by trend correcting the tremor cycles using a high pass filter.

The instantaneous frequency of each tremor cycle may be identified by determining an instantaneous period for each tremor cycle. In this embodiment, the instantaneous frequency may be equal to the inverse of the  
10 instantaneous period.

Accordingly, the instantaneous period may be determined by using a zero crossing threshold on the measured tremor. This threshold crossing data may be used to define each tremor cycle. In particular, the time taken for a tremor  
15 cycle to cross the threshold is used to calculate the instantaneous period of that tremor cycle.

The index value may be determined by calculating the interquartile range of the distribution of the instantaneous variations.

20

In embodiments, the index value may be compared with one or more known reference index values. The reference index values may be generated from subjects having a known tremor status. This allows a comparison between existing clinical data and a subject having an unknown tremor status.

25

In embodiments, the step of measuring the tremor may comprise the step of: measuring the tremor for a time period. The time period may be between 10s and 100s.

30 According to a second aspect of the present invention, there is provided a method of determining a tremor status in a subject, said subject having an involuntary tremor symptomatic of a neurological disorder, the method

comprising: determining, using the method as described in any embodiment of the first aspect, an index value for the subject, said index value characterising the stability of the tremor; comparing the index value to a database of known index values, said known index values being previously generated from  
5 subjects having a known tremor status; and determining the tremor status of the subject based on the index value comparison.

According to a third aspect of the present invention there is provided a method of distinguishing tremor statuses of subjects from a cohort of subjects, said  
10 subjects having an involuntary tremor symptomatic of a neurological disorder, the method comprising: determining, using the method of any embodiment of the first aspect, an index value for each subject, said index value characterising the stability of the tremor for each subject; and identifying groupings of subjects based on their index value, wherein the groupings define  
15 separate tremor statuses.

According to a fourth aspect of the present invention, there is provided a system for calculating a value indicative of a tremor stability of a subject having an involuntary tremor symptomatic of a neurological disorder, said system comprising: a processor configured to: receive sensor data measuring tremor  
20 data of the subject, said tremor data comprising tremor cycles measuring periodic variation in movement of the subject due to the tremor; determine instantaneous frequencies for tremor cycles of the tremor; calculate frequency variations between the tremor cycles; and determine an index value indicative of the distribution of the frequency variations with instantaneous frequency.

25 The system may further comprise a database containing one or more reference index values generated from subjects having a known tremor status.

The processor may be further configured to compare the index value to the  
30 reference index values to determine the tremor status.

According to a fifth aspect of the present invention, there is provided a method of analysing a series of tremor cycles to determine a tremor status, said method comprising the steps of: analysing a tremor series comprising a plurality of tremor cycles; determining an instantaneous frequency for each  
5 tremor cycle; determining an instantaneous variation between the instantaneous frequencies of adjacent tremor cycles within the series; comparing the instantaneous variation to the range of determined instantaneous frequencies to determine a distribution of instantaneous variations; and determining an index value of the distribution of the  
10 instantaneous variations, said index value defining a tremor status.

According to a sixth aspect of the present invention a method of collecting tremor information from a subject is described. Said subject having an involuntary tremor symptomatic of a neurological disorder, the method  
15 comprising: sensing a tremor in the subject; measuring the tremor for a predefined time; identifying a series of tremor cycles from the measured tremor; determining an instantaneous frequency for each tremor cycle and collating the instantaneous frequencies; determining an instantaneous variation between the instantaneous frequencies of each pair of adjacent  
20 tremor cycles within the series; comparing the instantaneous variation to the collation of determined instantaneous frequencies to determine a distribution of instantaneous variations; and determining an index value of the distribution of the instantaneous variations.

25 It can be appreciated that embodiments relevant to any one or more of the first to third aspects may also be applied to the fourth aspect.

There may be provided a computer program, which when run on a computer, causes the computer to configure any apparatus, including a circuit, controller,  
30 sensor, filter, or device disclosed herein or perform any method disclosed herein. The computer program may be a software implementation, and the computer may be considered as any appropriate hardware, including a digital



signal processor, a microcontroller, and an implementation in read only memory (ROM), erasable programmable read only memory (EPROM) or electronically erasable programmable read only memory (EEPROM), as non-limiting examples. The software implementation may be an assembly  
5 program.

The computer program may be provided on a computer readable medium, which may be a physical computer readable medium, such as a disc or a memory device, or may be embodied as a transient signal. Such a transient  
10 signal may be a network download, including an internet download.

These and other aspects of the invention will be apparent from, and elucidated with reference to, the embodiments described hereinafter.

## 15 Brief description of Drawings

Embodiments will be described, by way of example only, with reference to the drawings, in which

figure 1a illustrates a signal representation of a tremor according to an  
20 embodiment of the present disclosure;

figure 1b illustrates a filtered signal of figure 1a;

figure 2a shows a distribution of instantaneous frequency variation calculated from a or the filtered signal of figure 1b for a subject having an essential tremor;

25 figure 2b shows a distribution of instantaneous frequency variation calculated from a or the filtered signal of figure 1b for a subject having Parkinsons disease that is used to determine an index value or tremor sensitivity index (TSI);

figure 3 shows the variation of distributions of figures 2a and 2b for a  
30 cohort of subjects;

figure 4 is a boxplot of index values obtained from the distributions of figure 3;

figure 5 is a receiver operating characteristic (ROC) curve of the index values of figure 4;

figure 6 is a sensitivity/specificity curve for various cutoff values of an index value;

5 figure 7 is a sensitivity curve for different cutoff values;

figure 8 is a logarithmic p-value curve against recording time;

figure 9 is an area under the curve (AUC) value plot against recording time;

figure 10 is a plot of the sensitivity of the TSI to noise; and

10 figure 11 is a ROC curve of the TSI as a diagnostic test.

It should be noted that the Figures are diagrammatic and not drawn to scale. Relative dimensions and proportions of parts of these Figures have been shown exaggerated or reduced in size, for the sake of clarity and convenience  
15 in the drawings. The same reference signs are generally used to refer to corresponding or similar feature in modified and different embodiments.

#### Detailed description of embodiments

20 Figure 1a shows the results of a measured tremor 100 from a first cohort of data – the collection of data from various cohorts is described in detail below. In general terms, the tremor data was obtained from subjects experiencing tremor using a sensor, such as a triaxial accelerometer.

25 The tremor data shows a tremor that has been measured for a predetermined time. A number of tremor cycles are collected within the predetermined time. As shown in figure 1, the raw tremor data is first subject to after component analysis to extract the first principle component. In particular, figure 1a shows the first principle component of a hand tremor extracted from a sensor  
30 attached to a subject that has been selected for further analysis. The tremor comprises a series of tremor cycles 105, each tremor cycle comprising a

periodic variation in the observed or sensed movement of the subject due to the tremor.

Figure 1b shows the tremor signal of figure 1a, filtered between 2 and 9 Hz  
5 frequency and a zero-crossing threshold applied. This creates a filtered signal 110, comprising a plurality of filtered tremor cycles 115. From this filtered signal 110, the instantaneous period  $T_n$  120 can be calculated for each tremor cycle 115, and the corresponding instantaneous frequency  $f_n = 1/T_n$ . It is then possible to calculate the instantaneous variation of the frequency  $\Delta f$  from one  
10 cycle  $n$  to the following  $n+1$ , ( $\Delta f = f_n - f_{n+1}$ ).

Figures 2a and 2b show the relationship between the instantaneous frequency variation and the instantaneous frequency for a subject having an Essential Tremor (ET) tremor status and Parkinson's disease tremor status.

15

Figure 2a shows a plot 200 of the instantaneous variation of the frequency  $\Delta f$  202 as a function of the overall frequency,  $f$  204 for a single subject selected from a cohort of subjects known to be suffering from essential tremor. Figure 2a shows a series of data points 210 that correspond to the instantaneous  
20 variation  $\Delta f$  at various instantaneous frequencies. A narrow band or grouping 220 is shown corresponding to a small instantaneous variation at a narrow band of frequencies. At higher or lower frequencies, the instantaneous variation between adjacent tremor cycles is larger. In other words, in essential tremor, only a small number of frequencies, centred about a single frequency,  
25 are stable. Away from this central single frequency, the frequency of the tremor varies from tremor cycle to tremor cycle.

A probability distribution 230 of the data points 210 can be determined. From this probability distribution, a band may be selected. In the example shown,  
30 the central interquartile range 240 is used to select the central two quartiles from the probability distribution 230. The width of this central interquartile range determines an index value, known as a tremor stability index 240.

Figure 2b shows a second plot 250 of instantaneous variation of the frequency  $\Delta f$  202 as a function of the overall frequency,  $f$  204 for a single subject selected from a cohort of subjects known to be suffering from Parkinson's disease. Again, as per figure 2a, a series of data points 260 that correspond to the instantaneous variation  $\Delta f$  at various instantaneous frequencies is shown. A narrow band or grouping 270 is shown corresponding to a small instantaneous variation at a wider band of frequencies than in figure 2a. At higher or lower frequencies, the instantaneous variation between adjacent tremor cycles is larger. In other words, in Parkinson's disease, a larger number of frequencies, centred about a single frequency, are stable. Away from this central band of frequencies, the frequency of the tremor varies from tremor cycle to tremor cycle.

A probability distribution 280 of the data points 270 can be determined. From this probability distribution, a band may be selected. In the example shown the central interquartile range 290 is used to select the central two quartiles from the probability distribution 280. The width of this central interquartile range determines an index value, or tremor stability index 290 for the Parkinson's disease subject.

It can be appreciated that a comparison between figures 2a and 2b shows that the probability density and associated tremor stability index values differ for a subject with essential tremor vs Parkinson's based tremor.

25

### Materials and Methods

#### *Patients*

All patients gave informed consent and their study was approved by local research ethics committees in accordance with the Declaration of Helsinki. In each dataset, tremor data were collected after overnight withdrawal of anti-parkinsonian and anti-tremor medications, and after at least one hour of

switching off any neurostimulation in patients implanted with Deep Brain Stimulation (DBS).

Data was divided in to two. A test dataset comprised two cohorts; the first  
5 composed of 16 rest tremor recordings of tremor-dominant PD patients from  
the University Campus Bio-Medico of Rome, Italy, and the second composed  
of postural tremor recordings in 20 ET patients from the University Hospital  
Cologne, Germany. A validation dataset comprised of data from four cohorts  
drawn from previously published studies (Table 1); cohort 3 of 9 PD and 8 ET  
10 tremor recordings; cohort 4 of 20 PD tremor recordings; cohort 5 of 6 PD  
tremor recordings, and cohort 6 of 7 PD tremor recordings. The patients in  
cohort 5 underwent DBS functional neurosurgery (neurosurgical targets: 2  
patients VIM, 3 patients STN, 1 patient GPi). The patients in cohort 6  
underwent STN DBS functional neurosurgery.

15

	Cohort Number	Diagnosis	Number of tremor recordings	Recording state	Age (mean $\pm$ std)	Disease duration (mean $\pm$ std)	Sensor type - Producer
<b>Test Dataset</b>	1	PD	16	Rest	66.4 $\pm$ 8.6	6.7 $\pm$ 7.7	Triaxial accelerometer - Opal sensor APDM, Inc.
	2	ET	20	Posture	49.5 $\pm$ 15.5	24,3 $\pm$ 13.9	Triaxial accelerometer - Brainvision acceleration sensor
<b>Validation Dataset</b>	3	PD	9	Rest	68.7 $\pm$ 8.2	6,5 $\pm$ 3.4	Triaxial accelerometer - Biometrics.
		ET	8	Posture	68.6 $\pm$ 7.8	20.8 $\pm$ 19,4	Triaxial accelerometer - Biometrics.
	4	PD	20	Rest	68.2 $\pm$ 8.4	2.5 $\pm$ 2	Triaxial accelerometer - Twente Medical Systems International - Biometrics - SomnoWatch
	5	PD	6	Rest	58.5 $\pm$ 9.8	11.5 $\pm$ 5.3	Velocity-transducing laser - Bruel and Kjaer, Naerum, Denmark
	6	PD	7	Rest	49.5 $\pm$ 9.5	12.5 $\pm$ 6.8	Triaxial accelerometer - Twente Medical Systems International

*Table 1 Experiment 1 population's characteristics*

The inclusion criteria for patients were the clinical diagnosis of PD or ET made by experienced movement disorders specialists following the Queen Square Brain Bank diagnostic criteria for PD patients and the criteria of the Consensus statement of the Movement Disorder Society on Tremor for ET patients. These clinical diagnoses also served as the diagnostic gold standard against which TSI was compared. In cohort 3 the clinical diagnoses were also supported by SPECT-DaTSCAN imaging. The same cohort had recordings demonstrating tremor at rest in both PD and ET patients, and was used to test the hypothesis that the TSI discriminates tremor types irrespective of postural context. The postural recordings manifesting tremor in ET patients in this cohort were

further complemented by the collection of data in an additional seven PD patients who displayed reemergent postural tremor.

#### *Tremor recordings*

- 5 Tremor recordings were made with a triaxial accelerometer, taped over the wrist in cohorts 1 and 2, over the middle finger or thumb in cohorts 3, 4 and 7, and over the dorsal surface of the hand in cohort 6. In cohort 5, index finger rest tremor was recorded with a velocity-transducing laser. In order to compare the same amount of data among patients, only 100 seconds of tremor  
10 recording was selected for analysis in each patient. To evaluate if the TSI value extracted from the surface EMG activity of wrist extensor and flexor muscles can differentiate PDT from ET, we also recorded EMG in cohort 3.

#### *Data Analysis*

- 15 The triaxial accelerometer data were trend corrected (0.1 Hz high-pass filtered) and the first principle component of the tremor extracted using principle component analysis (PCA) (MATLAB; MathWorks). This tremor component was then filtered between 2 and 9 Hz frequency. Signal to noise ratio (SNR) analysis was used to isolate and extract tremor data in PD re-emergent  
20 postural tremor (cohort 7).

- As described above in relation to figure 1b, the instantaneous period  $T_n$  was calculated for each tremor cycle in the extracted, filtered first principle component, and the corresponding instantaneous frequency  $f_n = 1/T_n$ , by using  
25 a zero-crossing threshold on tremor data to define each tremor cycle. We then calculated the instantaneous variation of the frequency  $\Delta f$  from one cycle  $n$  to the following  $n+1$ , ( $\Delta f = f_n - f_{n+1}$ ).

- The classification accuracy of TSI in the differential diagnosis of PDT and ET  
30 was assessed by binary logistic regression, using the enter method, and by receiver operating characteristic (ROC) curve analysis (IBM SPSS Statistics). The performance of TSI as a classifier was examined by calculating the

sensitivity, specificity, accuracy, likelihood ratio positive, likelihood ratio negative and ROC area under the curve (AUC).

The TSI threshold for discriminating PD and ET was determined on the test dataset by selecting the cutoff which maximized the distance between sensitivity and (1-specificity). This corresponds to the threshold with the highest combination of sensitivity and specificity values. The potential cutoff values to be explored for their different diagnostic accuracy is limited to the number of the actual observations in the analysed dataset.

### Results

#### *Discriminating PDT and ET: Test Dataset.*

Figure 3 shows a series of histogram plots of the instantaneous variation of the frequency plotted against the  $\Delta f$  distribution for each patient in the test cohort. In particular, from a differential diagnosis 310, patients were divided into categories with rest tremor 312, indicative of PD and postural tremor 314 indicative of ET. This divided patients into two cohorts 320, 322. For each patient the observations 332 were plotted against the  $\Delta f$  distribution 334 as described above.

Patients with PD, shown in boxes 350, in whom tremor was recorded at rest, had a narrower and sharper  $\Delta f$  distribution than patients with ET, shown in boxes 360, recorded whilst they maintained a tremor provoking posture.

To capture the difference in the distributions the  $\Delta f$  interquartile range was calculated, sometimes referred to as an index value and hereafter termed the Tremor stability index (TSI) in each group. This was different, with a mean TSI of  $0.7 \pm (\text{SEM}) 0.175$  in PDT and of  $1.9 \pm 0.134$  in ET ( $t(34) = -5.481$ ;  $p < 0.001$ ). This is shown in Figure 4. This figure shows 400 TSI values against known diagnosis 420. A diagnosis of PD tremor is shown in distribution 430, with essential tremor shown in 440.



Binary logistic regression showed that for every unit increase in TSI, the odds (Exp(B)) of a patient having a diagnosis of ET increased 14.8 times (95% C.I. for Exp(B) 2.9 – 75.1;  $p = 0.001$ ).

- 5 In addition, ROC curve analysis of the TSI considering as a target a diagnosis of ET over PD is shown in Fig. 5 which compares the sensitivity 512 to the 1 – specificity 510. The resultant plot 520 afforded an AUC of 0.916 (95% C.I. 0.797 – 1.000) with a standard error of 0.06.
- 10 To create Fig 6 600 the lower and higher cutoff values were respectively, the minimum minus 1 and the maximum plus 1 observed values, and the cutoff values between these two extreme points were calculated by averaging two consecutively ordered observed values. Duplicated cutoffs were excluded from the analysis, leading to a total of 34 final potential cutoff points 610. The
- 15 threshold 612 calculated from the test dataset was then used to verify the classification accuracy in the validation dataset, and in analyzing the effect of rest and posture.

To find the optimal TSI threshold for differentiating ET and PD a cutoff value of

20 TSI was selected which maximized the distance between sensitivity and (1-specificity), -the inputs to the ROC curve above. This distance corresponds to the threshold with the highest combination of sensitivity and specificity values (Fig. 6 and 7). As shown in Figure 7, 700, a comparison between the sensitivity 712 against the cutoff values 710, with the potential cutoff points

25 720 plotted, leads to a cutoff peak value of 1.05, 730.

This cutoff peak value is the optimal TSI threshold. TSI values  $>1.05$  and  $\leq 1.05$  suggested a diagnosis of ET and PD, respectively. The diagnostic performance of this TSI threshold was excellent and is reported in Table 2.

	Diagnosis	
	ET vs PD	PD vs ET
<b>Sensitivity</b>	95%	88%
<b>Specificity</b>	88%	95%
<b>Accuracy</b>	92%	92%
<b>Likelihood ratio positive</b>	7.60	17.50
<b>Likelihood ratio negative</b>	0.06	0.13

Table 2. TSI diagnostic performance on test dataset.

#### *Utility of the TSI measure in differentiating ET and PDT*

- 5 To evaluate the minimum tremor recording duration needed for good classification accuracy, a bootstrapping technique was applied to the test dataset, by selecting 19 time lengths of 1 to 10 seconds in 1 second increments and 20 to 100 seconds in 10 second increments. 1000 iterations were performed.

10

Varies plots of recording durations are shown. In figure 8 800, the recording time 810 is compared to a logarithmic plot of the p-value 812. The resultant values 820 plotted in histogram format show that TSI can be used to distinguish between PDT and ET at times lower than 10 seconds duration.

15

Having determined the diagnostic potential of TSI its utility and robustness were then explored. First, it was determined whether the TSI could be reliably estimated from clinically tractable tremor recording durations. Boot-strapping of recording durations showed that the TSI could help distinguish between PDT and ET with tremor recordings of as little as 2 seconds in duration (Fig. 8). The AUC 912 of the ROC curve 920 (with standard deviation confidence levels 922, 924) was 0.89 after as little as 10 seconds recording duration 910 (Fig. 9).

20

To evaluate the sensitivity of the TSI to tremor variability, the effect of two different types of signal noise, phase shifts and signal to noise ratio were simulated. This is shown in Fig. 10. The TSI 1020 increases linearly with increasing signal to noise ratio 1010 (SNR) and with the standard deviation of the tremor phase 1030 (Phase StdDev), only being zero in the case of a perfect sinusoid (with SNR = 1 and Phase StdDev = 0).

Lastly, it was examined if EMG could replace kinematic sensor data and maintain good discrimination. Comparison of the TSI value extracted from the surface EMG activity of the wrist extensor and flexor muscles in patients with PDT and ET in cohort 3 did not show any statistically significant difference (t(15)= -0.771; p = 0.453) between the groups, with a mean TSI of  $2.8 \pm$  (SEM) 0.2 in PDT and of  $3.1 \pm 0.09$  in ET. This compares with the following TSI differences, (t(15)= -2.785; p = 0.014), between the groups, mean TSI of  $0.6 \pm$  (SEM) 0.175 in PDT and of  $1.6 \pm 0.134$  in ET, calculated using accelerometer data in the same cohort.

#### *Discriminating PDT and ET: Validation Dataset.*

For the validation dataset, a t-test confirmed a significant difference in the TSI in ET and PDT (TSI =  $0.5 \pm$  (SEM) 0.125 in PD and  $1.6 \pm 0.134$  in ET patients; t(48)= -5.184; p < 0.001). Binary logistic regression showed that for every unit increase in TSI, the odds (Exp(B)) of a patient having a diagnosis of ET increased 8.2 times (95% C.I. for Exp(B) 2.3 – 28.2; p = 0.001). In addition, ROC curve analysis of the TSI considering as target a diagnosis ET over PDT afforded an AUC of 0.905 (95% C.I. 0.812 – 0.998) with a standard error of 0.047 (Fig. 11, which plots sensitivity against 1-specificity to generate a ROC curve).

Applying the same TSI threshold as for the validation dataset excellent diagnostic performance was found in discriminating ET from PDT (Table 3). Note that diagnostic performance was maintained despite the variable tremor

recording technique across the different cohorts making up the validation data set (Table 1).

	Diagnosis			
	ET	vs	PD	vs
	PD		ET	
<b>Sensitivity</b>	88%		90%	
<b>Specificity</b>	90%		88%	
<b>Accuracy</b>	90%		90%	
<b>Likelihood ratio positive</b>	9.19		7.24	
<b>Likelihood ratio negative</b>	0.14		0.11	

Table 3 TSI diagnostic performance on validation dataset.

5

*Discriminating PDT and ET: Is the value of the TSI independent of posture?*

In the above analyses rest tremor in PD was contrasted with postural tremor in ET, so that diagnostic utility might just relate to the discrimination of postural state rather than disease specific tremor characteristics. The TSI diagnostic accuracy in cohort 3 was evaluated where recordings of tremor at rest were available in 9 PD and 8 ET patients. A t-test confirmed a significant difference in the TSI in ET and PDT present at rest ( $TSI = 0.7 \pm (SEM) 0.175$  in PD and  $2.5 \pm 0.201$  in ET patients;  $t(15) = -4.438$ ;  $p < 0.001$ ). Binary logistic regression showed that for every unit increase in TSI, the odds ( $Exp(B)$ ) of a patient having a diagnosis of ET increased 8.8 times (95% C.I. for  $Exp(B)$  1.4 – 56.9;  $p = 0.022$ ). In addition, ROC curve analysis of the TSI considering as target a diagnosis ET over PDT afforded an AUC of 0.931 (95% C.I. 0.812 – 1.000) with a standard error of 0.06. The same TSI threshold as in the test dataset was applied and excellent diagnostic performance found, despite all analysed tremor being recorded at rest (Table 4).

	Diagnosis	
	ET vs PD	PD vs ET
<b>Sensitivity</b>	100%	78%
<b>Specificity</b>	78%	100%
<b>Accuracy</b>	88%	88%
<b>Likelihood ratio positive</b>	4.50	Inf.*
<b>Likelihood ratio negative</b>	0.00	0.22

Table 4 TSI diagnostic performance on rest tremor comparison.

\* Since the Likelihood ratio positive is equal to sensitivity / (1 – specificity), and since the specificity in this case is 1, the resulting Likelihood ratio positive is infinite.

The TSI diagnostic accuracy was evaluated by differentiating reemergent postural PD tremor from postural ET tremor, comparing reemergent postural tremor of 7 PD patients from cohort 7, to postural ET tremor of 8 ET patients from cohort 3. A t-test confirmed a significant difference in the TSI in ET and PDT present at rest (TSI =  $0.3 \pm (\text{SEM}) 0.075$  in PD and  $1.6 \pm 0.134$  in ET;  $t(13) = -4.861$ ;  $p < 0.001$ ). Binary logistic regression showed that for every unit increase in TSI, the odds (Exp(B)) of a patient having a diagnosis of ET increased 78.7 times (95% C.I. for Exp(B) 1.2 – 4931.3;  $p = 0.039$ ). In addition, ROC curve analysis of the TSI considering as target a diagnosis ET over PDT afforded an AUC of 0.982 (95% C.I. 0.927 – 1.000) with a standard error of 0.028. Again, the same TSI threshold as in the test dataset was applied and excellent diagnostic performance found, despite all analysed tremor being recorded during posture (Table 5).

	Diagnosis	
	ET vs PD	PD vs ET
<b>Sensitivity</b>	88%	100%
<b>Specificity</b>	100%	88%
<b>Accuracy</b>	93%	93%
<b>Likelihood ratio positive</b>	Inf*	8.00
<b>Likelihood ratio negative</b>	0.13	0.,00

Table 5 TSI diagnostic performance on postural tremor comparison.

\* Since the Likelihood ratio positive is equal to sensitivity / (1 – specificity), and since the specificity in this case is 1, the resulting Likelihood ratio positive is infinite.

Given the reliability of the TSI index, its potential use as a diagnostic and/or analysis tool for tremor allows differing tremor statuses to be distinguished with reliability and accuracy using non-invasive techniques.

From reading the present disclosure, other variations and modifications will be apparent to the skilled person. Such variations and modifications may involve equivalent and other features which are already known in the art of tremor measurement, and which may be used instead of, or in addition to, features already described herein.

Although the appended claims are directed to particular combinations of features, it should be understood that the scope of the disclosure of the present invention also includes any novel feature or any novel combination of features disclosed herein either explicitly or implicitly or any generalisation thereof, whether or not it relates to the same invention as presently claimed in any claim and whether or not it mitigates any or all of the same technical problems as does the present invention.

- Features which are described in the context of separate embodiments may also be provided in combination in a single embodiment. Conversely, various features which are, for brevity, described in the context of a single embodiment, may also be provided separately or in any suitable sub-combination. The applicant hereby gives notice that new claims may be formulated to such features and/or combinations of such features during the prosecution of the present application or of any further application derived therefrom.
- 10 For the sake of completeness it is also stated that the term "comprising" does not exclude other elements or steps, the term "a" or "an" does not exclude a plurality, a single processor or other unit may fulfil the functions of several means recited in the claims and reference signs in the claims shall not be construed as limiting the scope of the claims.

## CLAIMS

1. A method of characterising tremor stability in a subject, said subject having an involuntary tremor symptomatic of a neurological disorder,  
5 the method comprising:  
    identifying a series of tremor cycles from measured tremor data of the subject, said tremor cycles measuring periodic variation in movement of the subject due to the tremor;  
    determining an instantaneous frequency for each tremor cycle  
10 and collating the instantaneous frequencies;  
    determining an instantaneous variation between the instantaneous frequencies of each pair of adjacent tremor cycles within the series;  
    comparing the instantaneous variation to the collation of  
15 determined instantaneous frequencies to determine a distribution of instantaneous variations; and  
    determining an index value of the distribution of the instantaneous variations, said index value defining the stability of the tremor..  
20
2. A method as claimed in claim 1, wherein the measured tremor data is obtained using a triaxial accelerometer.
3. A method as claimed in claim 1, wherein the measured tremor data is  
25 obtained using a velocity-transducing laser.
4. A method as claimed in claim 1 or claim 2, wherein the measured tremor data is obtained using any device able to extract a frequency of oscillation of a tremor affected body part of the subject.
- 30 5. A method as claimed in any preceding claim, wherein the frequency of each tremor cycle is identified by:



determining the first principle component of the tremor.

6. A method as claimed in claim 5, wherein the first principle component is extracted using principle component analysis.
- 5 7. A method as claimed in claim 5 or claim 6, wherein the first principle component is filtered.
8. A method as claimed in any preceding claim, wherein the frequency of each tremor cycle is identified by:  
10 trend correcting the tremor cycles using a high pass filter.
9. A method according to any preceding claim, wherein the instantaneous frequency of each tremor cycle is identified by determining an instantaneous period for each tremor cycle, and wherein the  
15 instantaneous frequency is equal to the inverse of the instantaneous period.
10. A method according to claim 9, wherein the instantaneous period is determined by using a zero crossing threshold on the measured tremor  
20 to define each tremor cycle.
11. A method according to any preceding claim, wherein the index value is the interquartile range of the distribution of the instantaneous variations.  
25
12. A method according to any preceding claim, further comprising the step of  
comparing the index value with reference index values generated from subjects having a known tremor status.  
30
13. A method according to any preceding claim, wherein the step of measuring the tremor comprises the step of:

measuring the tremor for a time period, said time period being between 10s and 100s.

14. A method of determining a tremor status in a subject, said subject  
5 having an involuntary tremor symptomatic of a neurological disorder, the method comprising:  
determining, using the method of any preceding method claim, an index value for the subject, said index value characterising the stability of the tremor;  
10 comparing the index value to a database of known index values, said known index values being previously generated from subjects having a known tremor status; and  
determining the tremor status of the subject based on the index value comparison.
15. A method of distinguishing tremor statuses of subjects from a cohort of subjects, said subjects having an involuntary tremor symptomatic of a neurological disorder, the method comprising:  
determining, using the method of any one of method claims 1 to  
20 13, an index value for each subject, said index value characterising the stability of the tremor for each subject; and  
identifying groupings of subjects based on their index value, wherein the groupings define separate tremor statuses.
- 25 16. A system for calculating a value indicative of a tremor stability of a subject having an involuntary tremor symptomatic of a neurological disorder, said system comprising:  
a processor configured to:  
30 receive sensor data measuring tremor data of the subject, said tremor data comprising tremor cycles measuring periodic variation in movement of the subject due to the tremor;

- determine instantaneous frequencies for tremor cycles of the tremor;  
calculate frequency variations between the tremor cycles;  
and  
5 determine an index value indicative of the distribution of the frequency variations with instantaneous frequency.
17. The system of claim 16, further comprising:  
a database containing one or more reference index values  
10 generated from subjects having a known tremor status.
18. The system of claim 17, wherein the processor is further configured to compare the index value to the reference index values to diagnose the tremor status.
- 15 19. A method of analysing a series of tremor cycles to determine a tremor status, said method comprising the steps of:  
analysing a tremor series comprising a plurality of tremor cycles;  
determining an instantaneous frequency for each tremor cycle;  
20 determining an instantaneous variation between the instantaneous frequencies of adjacent tremor cycles within the series;  
comparing the instantaneous variation to the range of determined instantaneous frequencies to determine a distribution of instantaneous variations; and  
25 determining an index value of the distribution of the instantaneous variations, said index value defining a tremor status.
20. A method of collecting tremor information from a subject, said subject having an involuntary tremor symptomatic of a neurological disorder,  
30 the method comprising:  
sensing a tremor in the subject;  
measuring the tremor for a predefined time;

identifying a series of tremor cycles from the measured tremor;  
determining an instantaneous frequency for each tremor cycle  
and collating the instantaneous frequencies;

5           determining an instantaneous variation between the  
instantaneous frequencies of each pair of adjacent tremor cycles within  
the series;

          comparing the instantaneous variation to the collation of  
determined instantaneous frequencies to determine a distribution of  
instantaneous variations; and

10           determining an index value of the distribution of the  
instantaneous variations.

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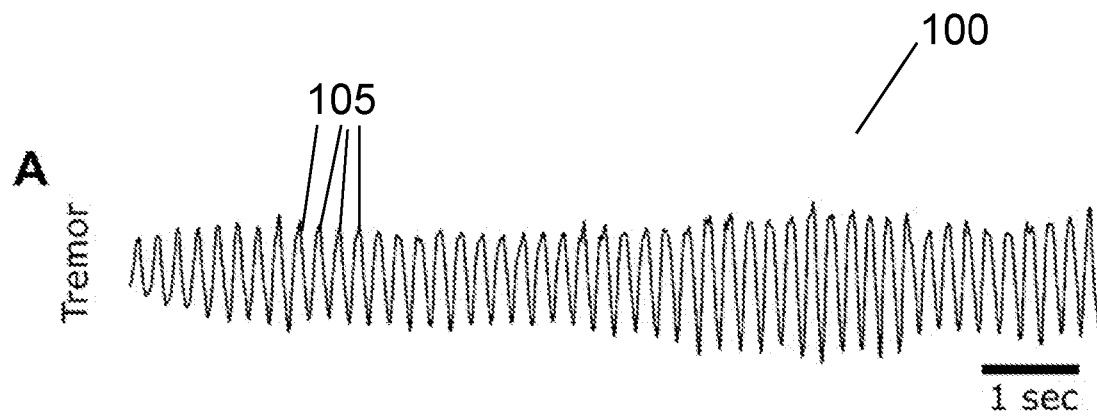


Fig 1a

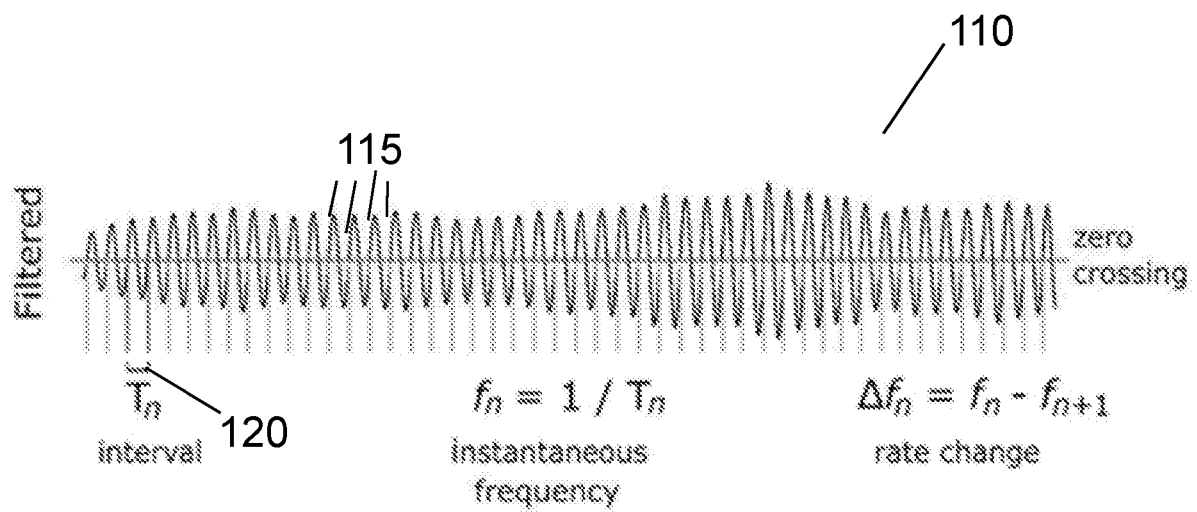


Fig 1b

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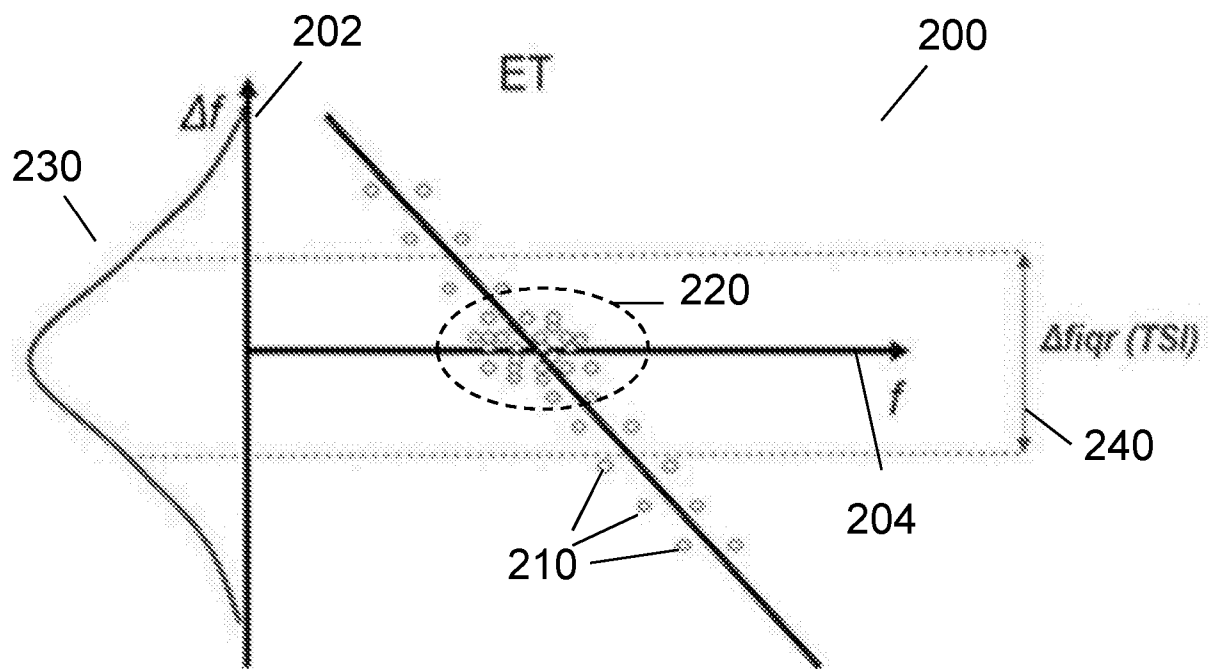


Fig 2a

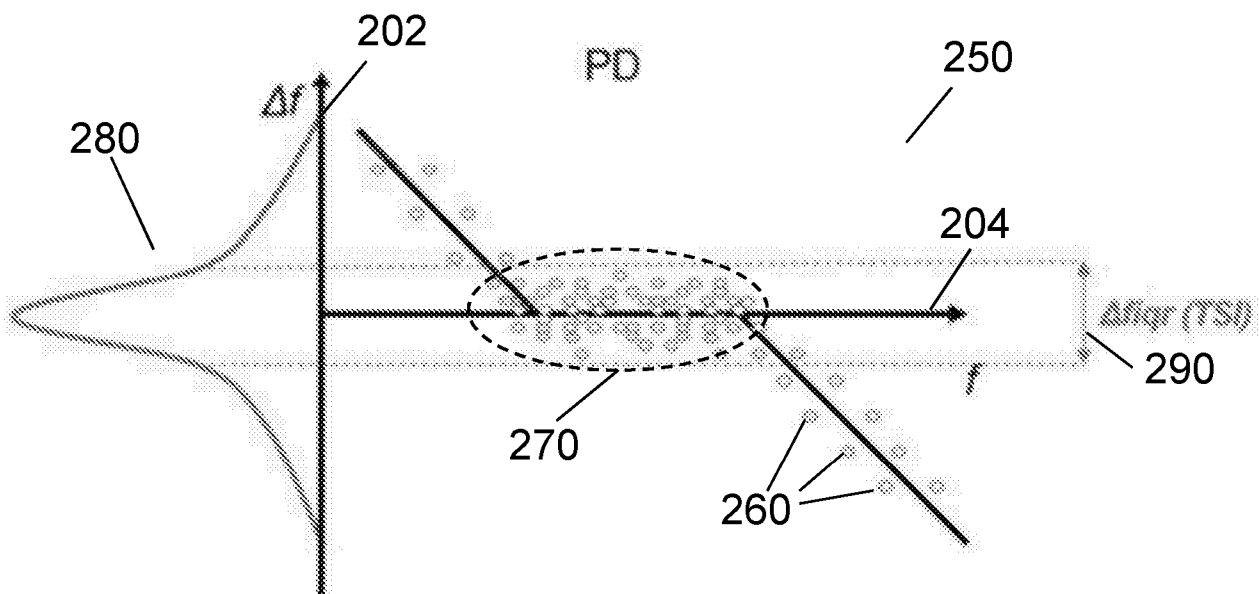


Fig 2b

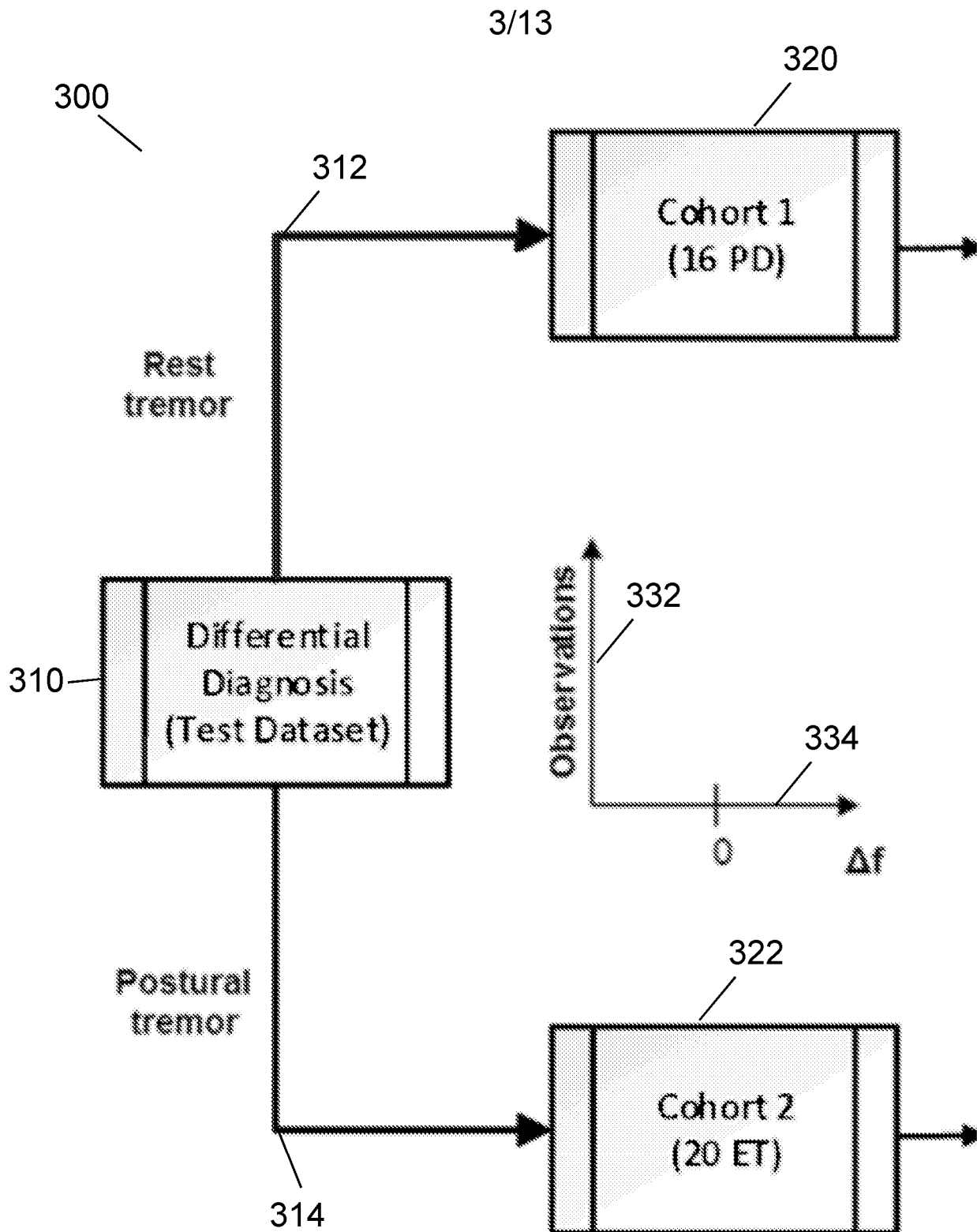
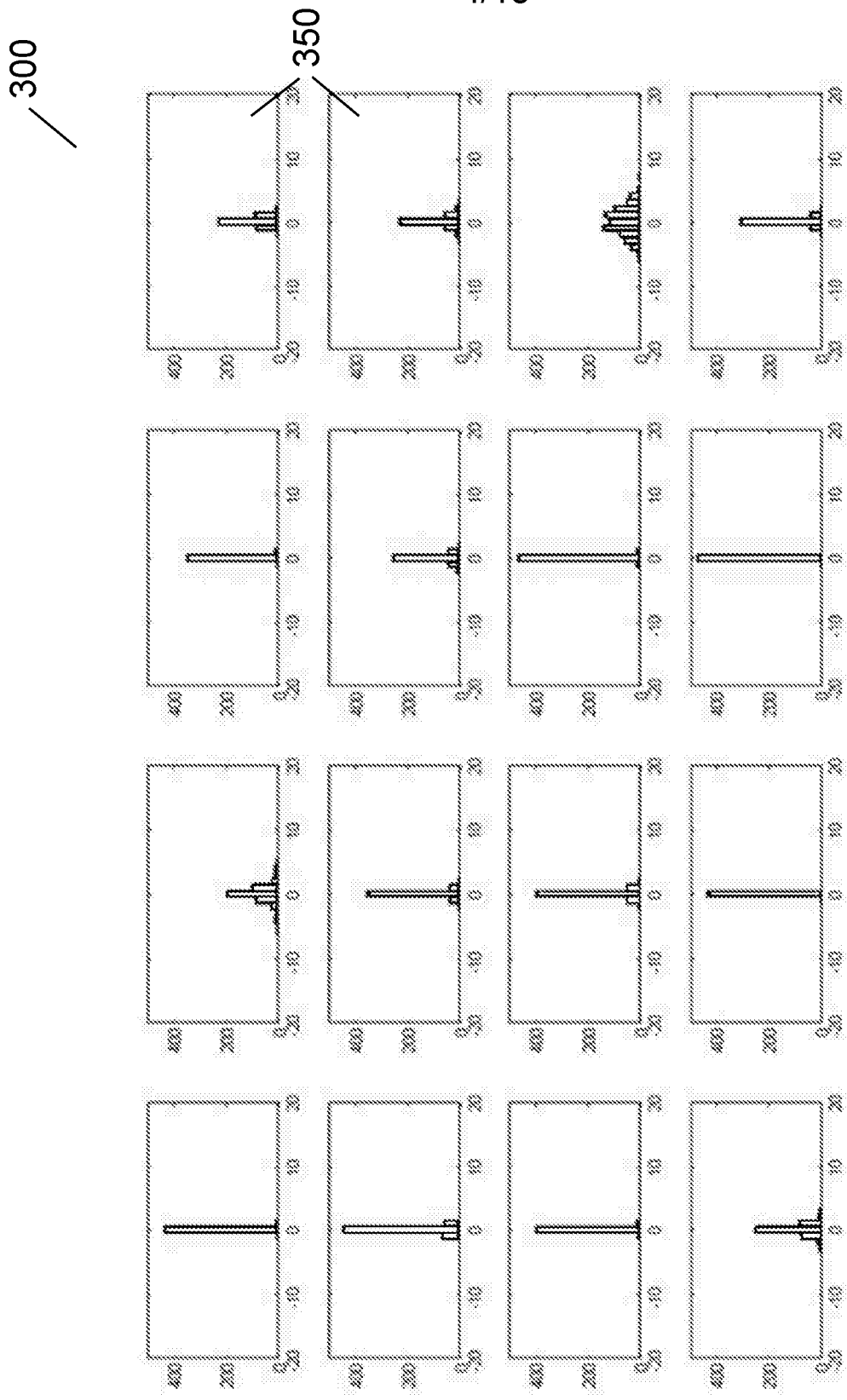


Fig 3

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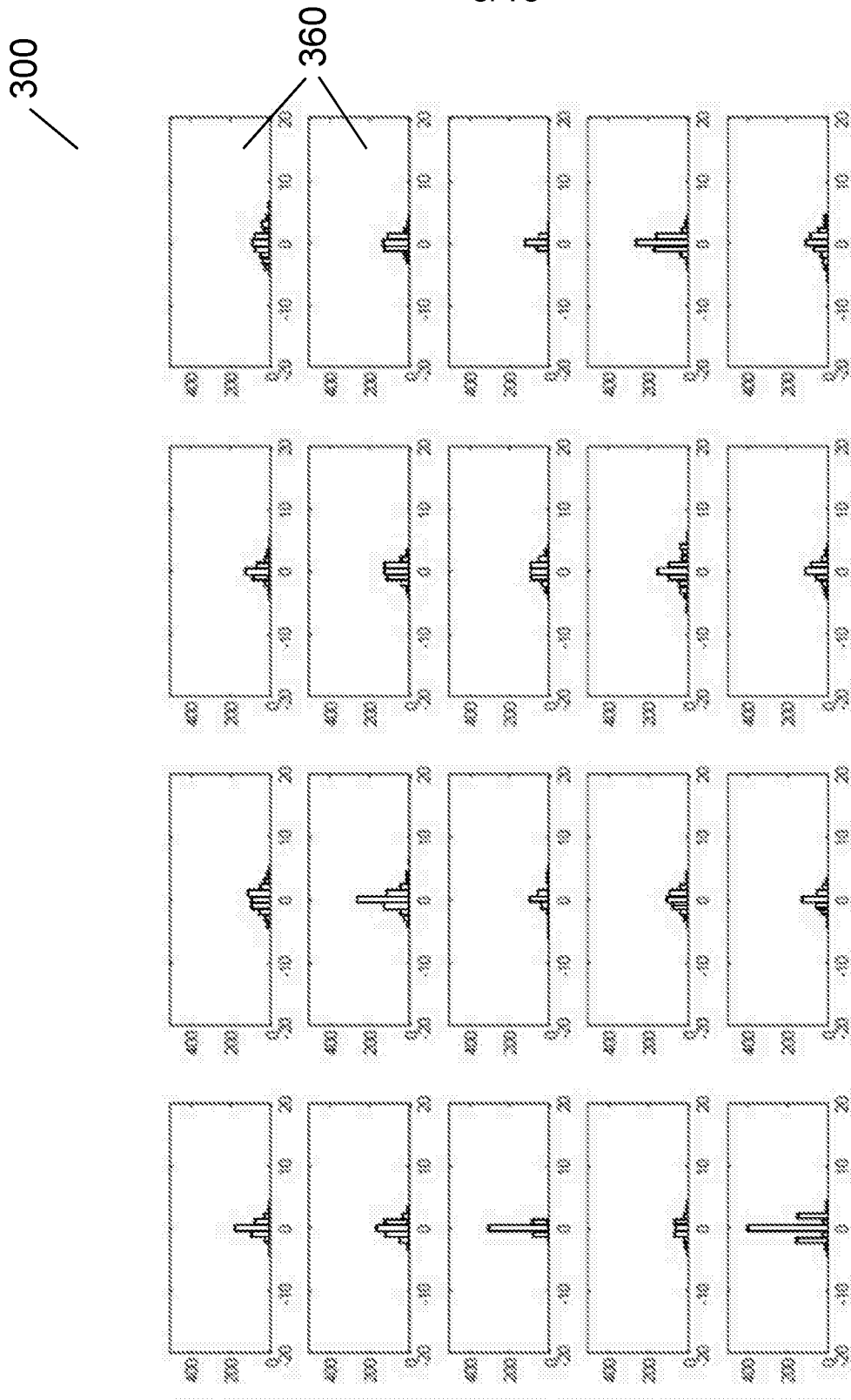


Fig 3 (cont)

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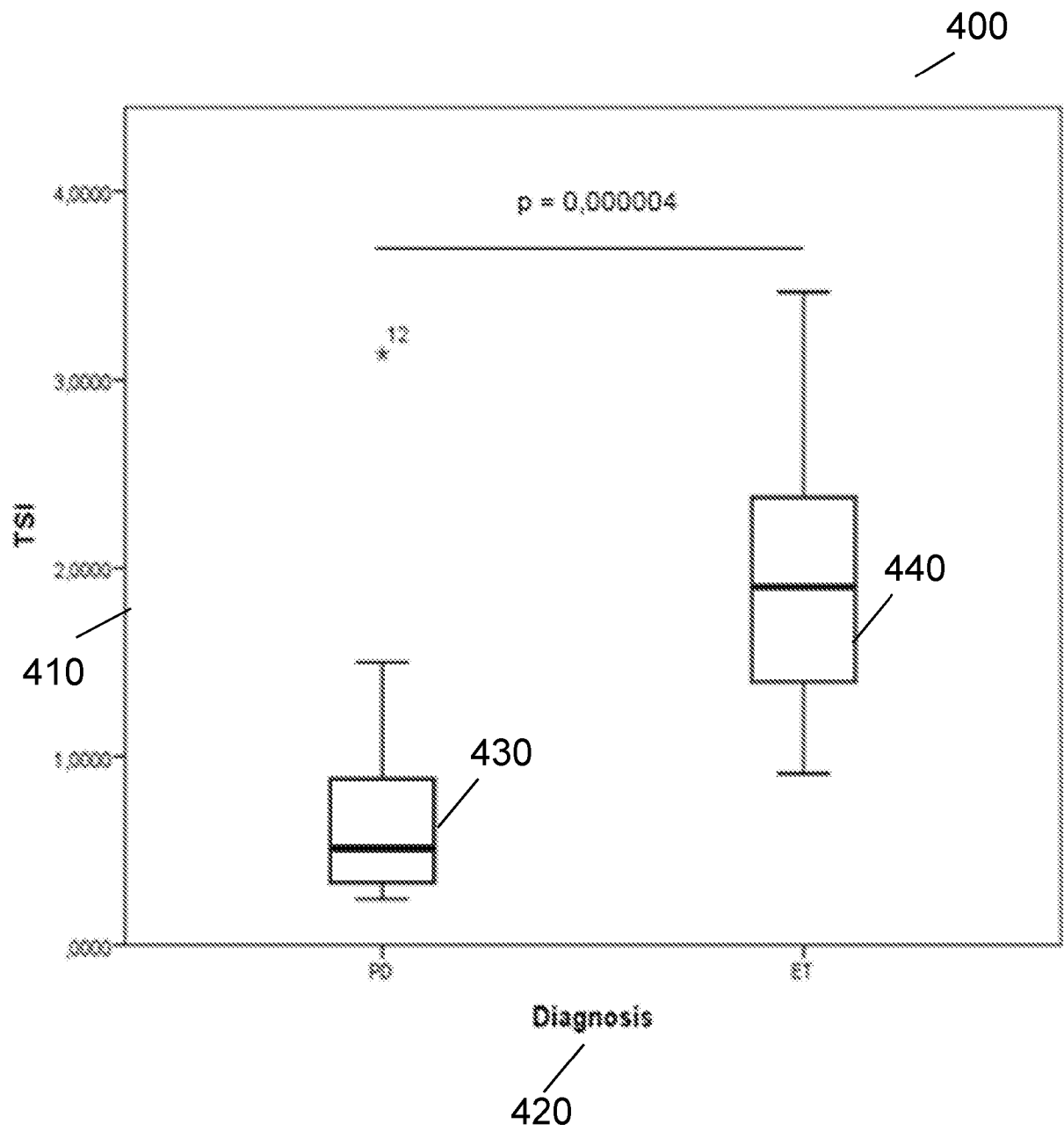


Fig 4

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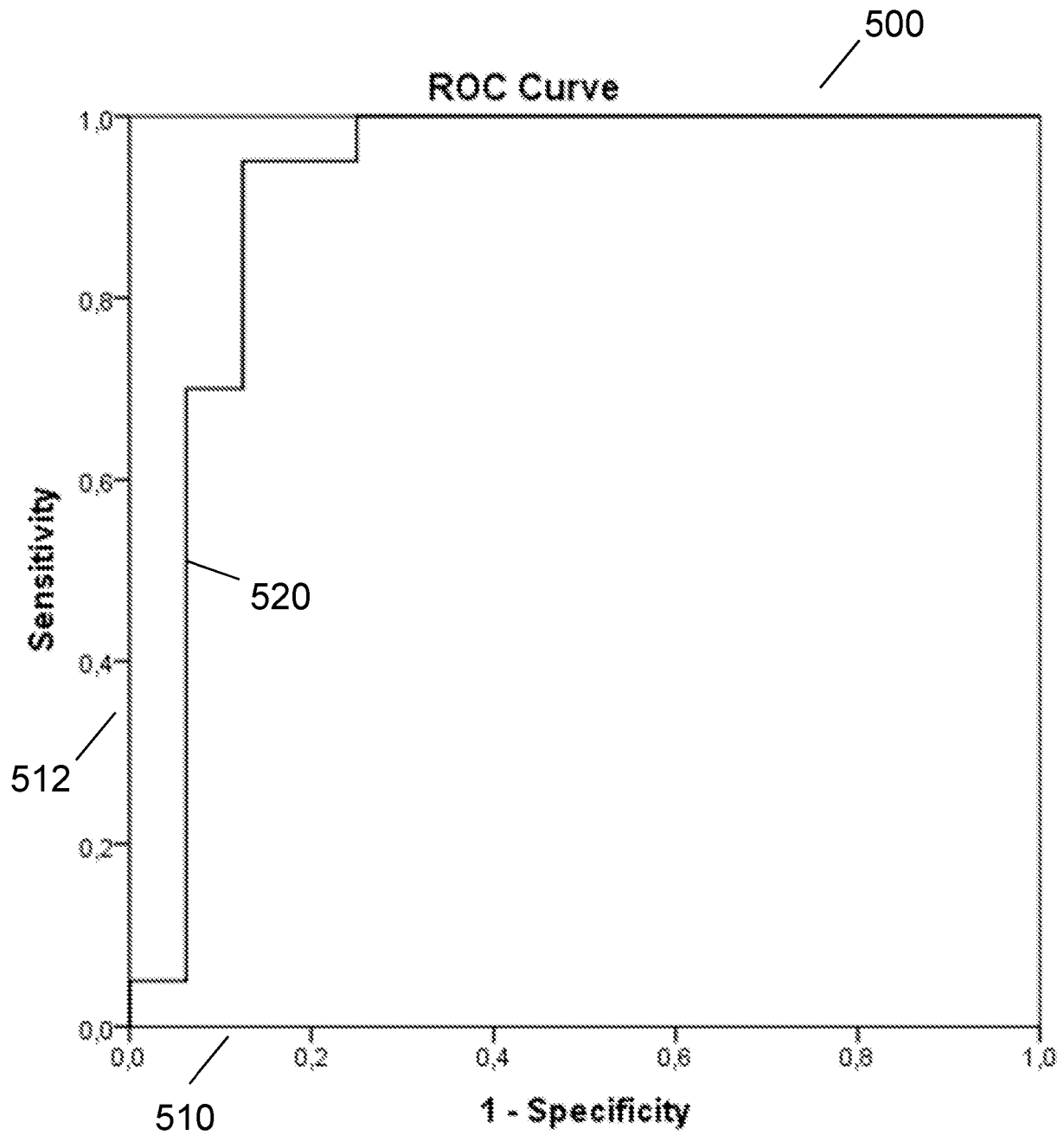
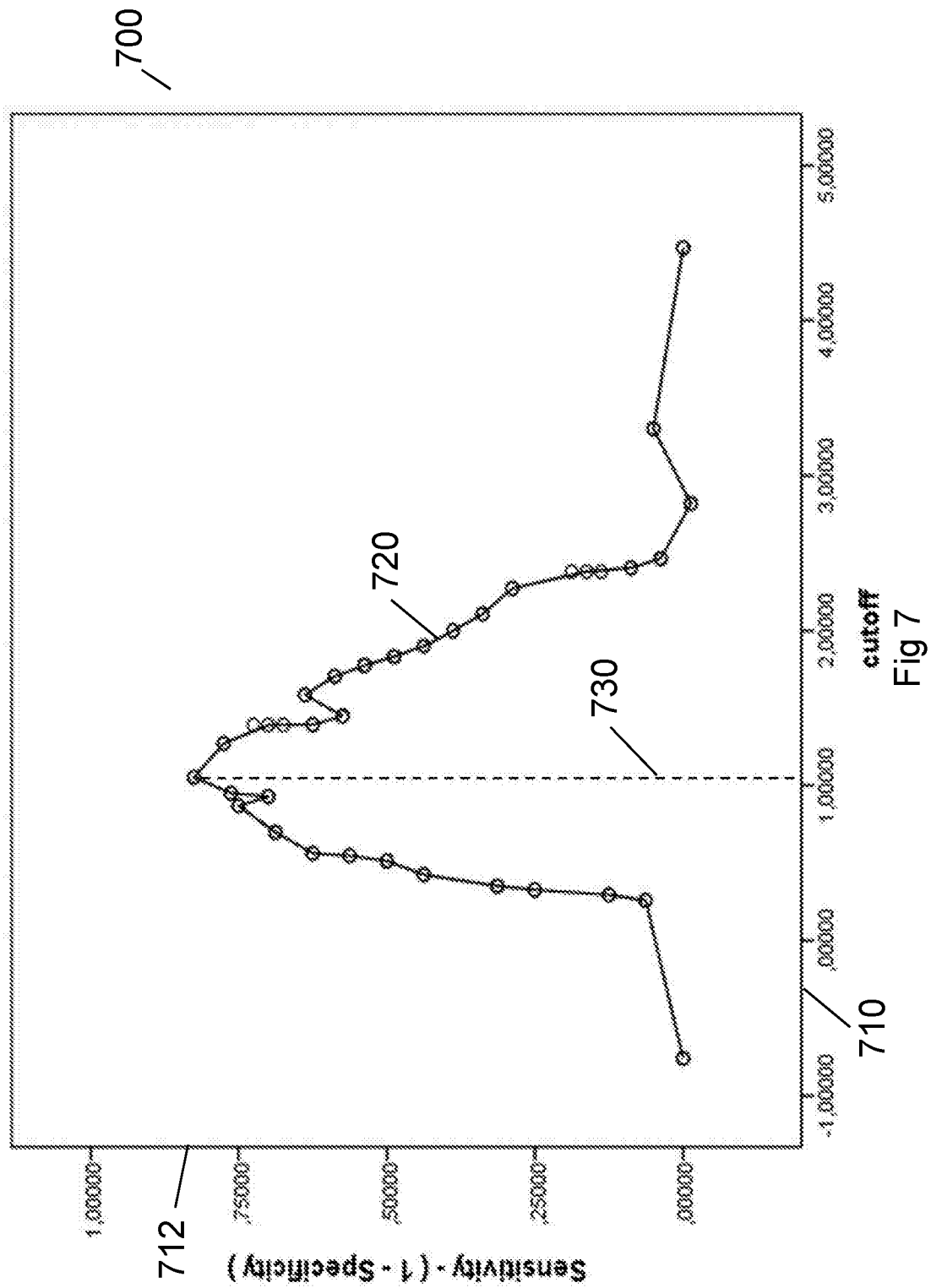


Fig 5

Fig 6

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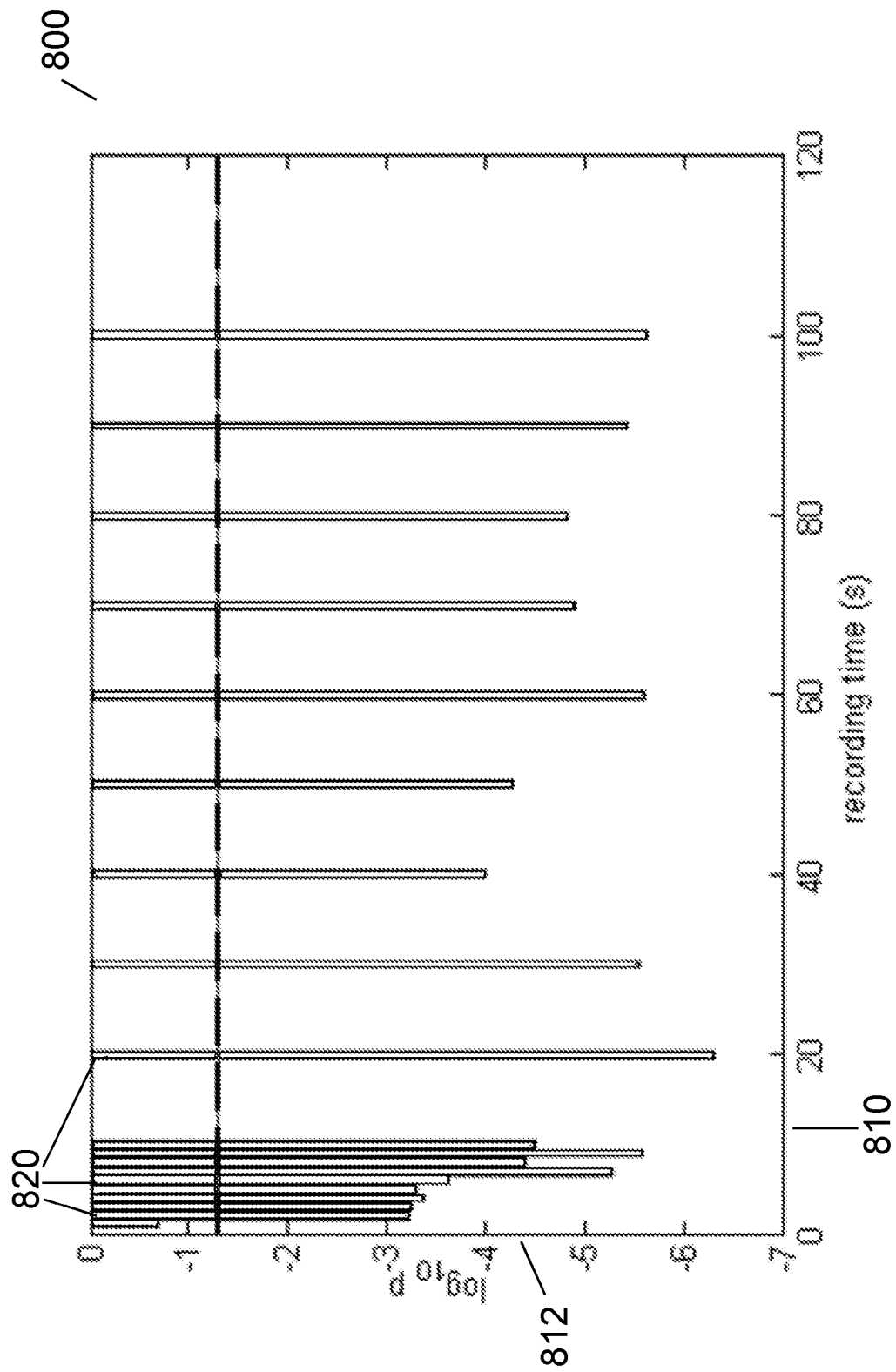


Fig 8

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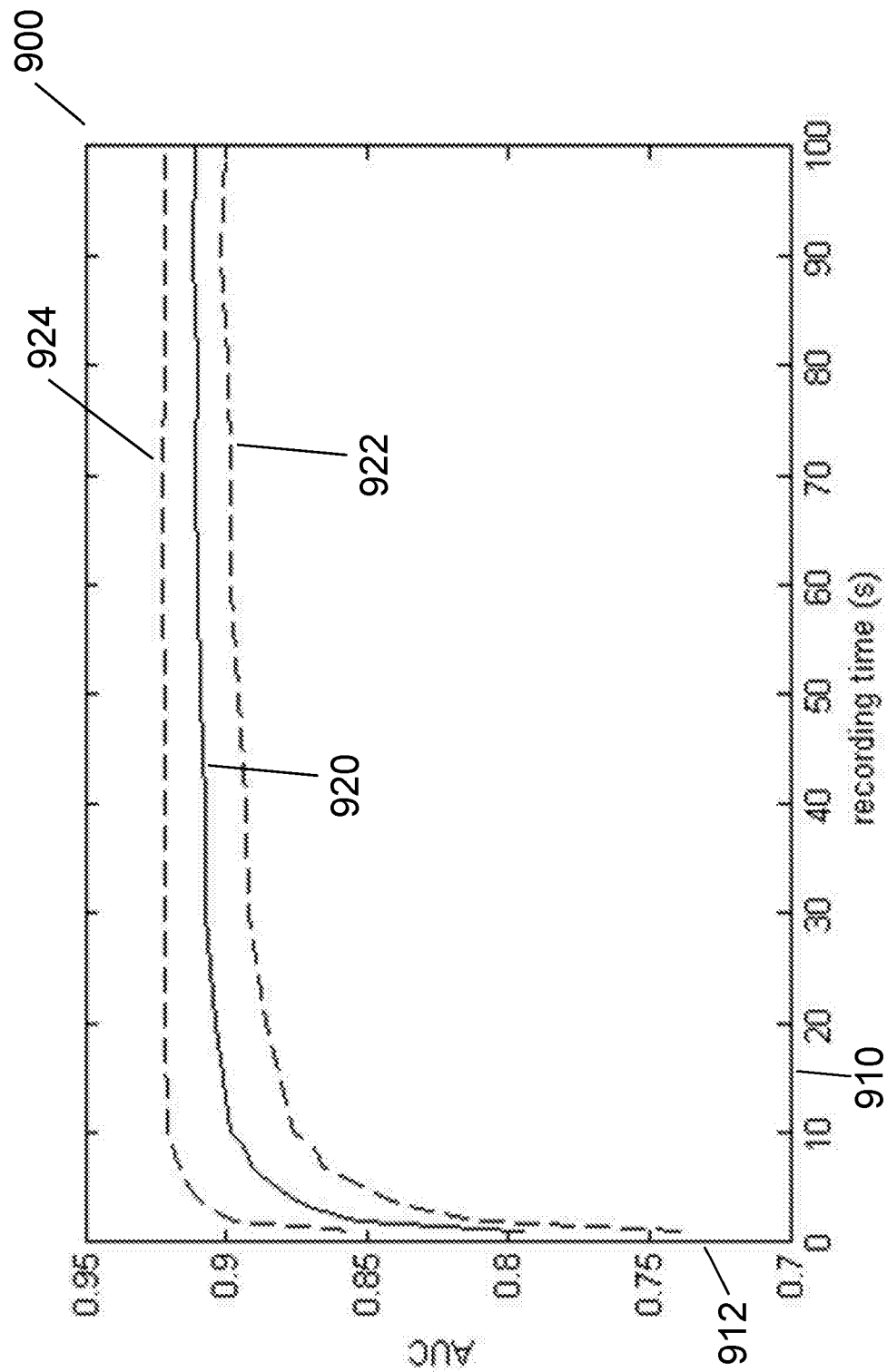


Fig 9

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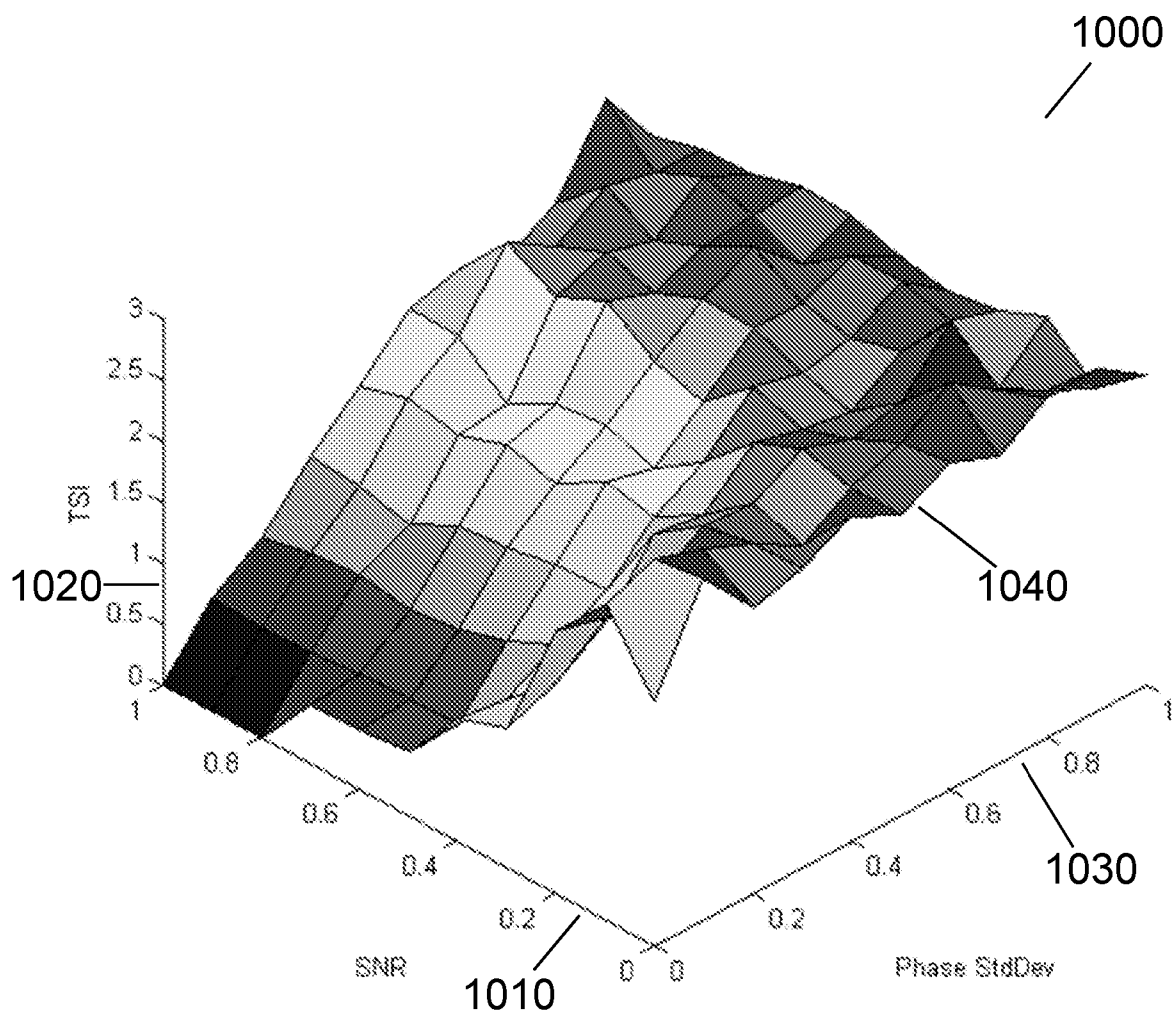


Fig 10



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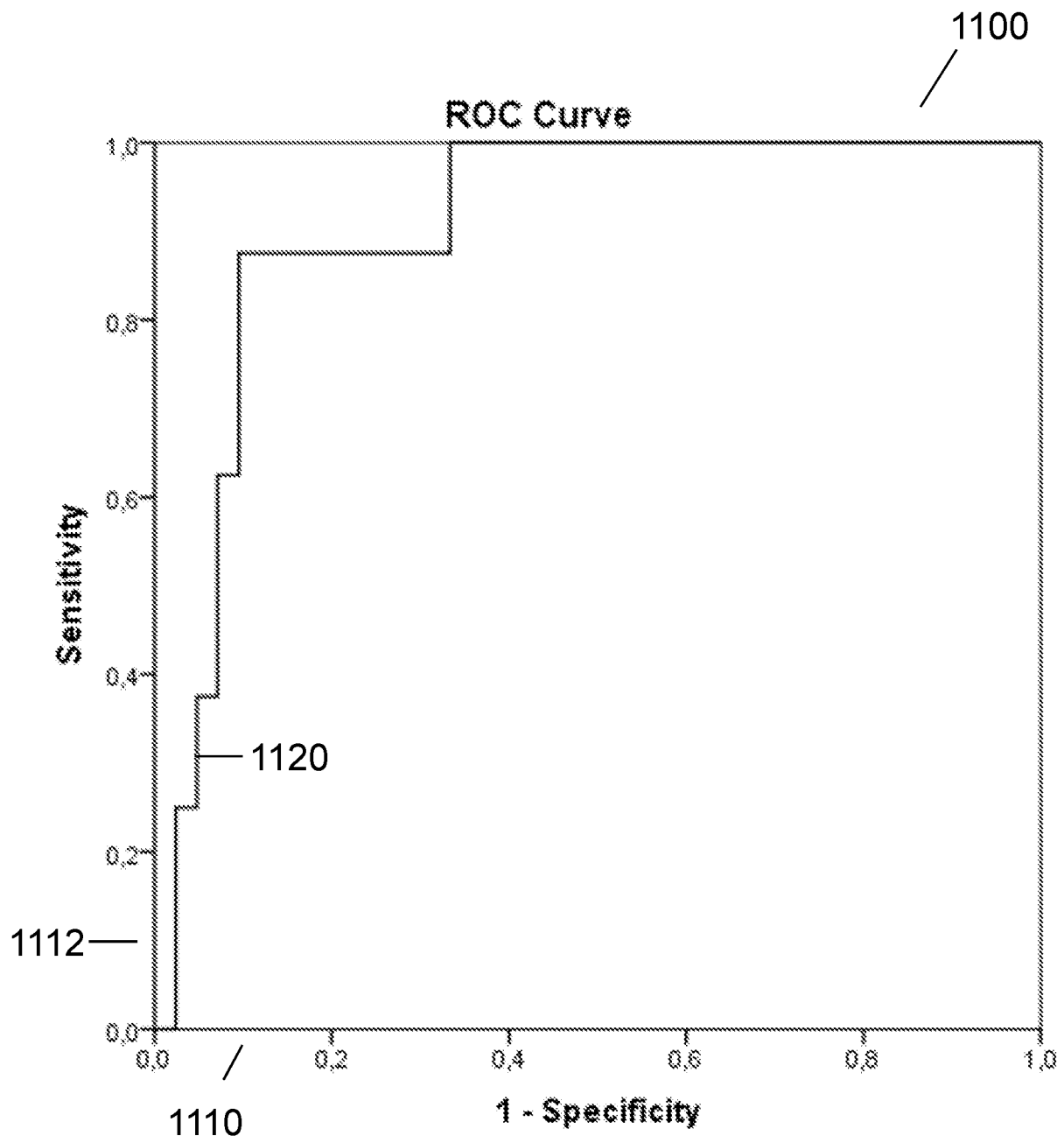


Fig 11

## INTERNATIONAL SEARCH REPORT

International application No  
PCT/GB2018/050122

A. CLASSIFICATION OF SUBJECT MATTER  
INV. A61B5/11 A61B5/00  
ADD.

According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

Minimum documentation searched (classification system followed by classification symbols)  
A61B

Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the international search (name of data base and, where practicable, search terms used)

EPO-Internal

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	J.-S. BRITTAİN ET AL: "Distinguishing the Central Drive to Tremor in Parkinson's Disease and Essential Tremor", THE JOURNAL OF NEUROSCIENCE : THE OFFICIAL JOURNAL OF THE SOCIETY FOR NEUROSCIENCE, vol. 35, no. 2, 14 January 2015 (2015-01-14), pages 795-806, XP055460559, ISSN: 0270-6474, DOI: 10.1523/JNEUROSCI.3768-14.2015 cited in the application Material and methods p. 796-799; Results p. 799-804; ----- -/--	1-20



Further documents are listed in the continuation of Box C.



See patent family annex.

\* Special categories of cited documents :

"A" document defining the general state of the art which is not considered to be of particular relevance

"E" earlier application or patent but published on or after the international filing date

"L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified)

"O" document referring to an oral disclosure, use, exhibition or other means

"P" document published prior to the international filing date but later than the priority date claimed

"T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the invention

"X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to involve an inventive step when the document is taken alone

"Y" document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such documents, such combination being obvious to a person skilled in the art

"&" document member of the same patent family

Date of the actual completion of the international search

20 March 2018

Date of mailing of the international search report

29/03/2018

Name and mailing address of the ISA/

European Patent Office, P.B. 5818 Patentlaan 2  
NL - 2280 HV Rijswijk  
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Fax: (+31-70) 340-3016

Authorized officer

Trachterna, Morten

## INTERNATIONAL SEARCH REPORT

International application No  
PCT/GB2018/050122

C(Continuation). DOCUMENTS CONSIDERED TO BE RELEVANT		
Category*	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X,P	<p>LAZZARO DI BIASE ET AL: "Tremor stability index: a new tool for differential diagnosis in tremor syndromes", BRAIN., vol. 140, no. 7, 27 April 2017 (2017-04-27), pages 1977-1986, XP055460561, GB ISSN: 0006-8950, DOI: 10.1093/brain/awx104 the whole document -----</p>	1-20