LETTER

Adaptive deep brain stimulation for Parkinson’s disease demonstrates reduced speech side effects compared to conventional stimulation in the acute setting

INTRODUCTION
Deep brain stimulation (DBS) for Parkinson’s disease (PD) is currently limited by costs, partial efficacy and surgical and stimulation-related side effects. This has motivated the development of adaptive DBS (aDBS) whereby stimulation is automatically adjusted according to a neurophysiological biomarker of clinical state, such as γ oscillatory activity (12–30 Hz). aDBS has been studied in parkinsonian primates and patients and has been reported to be more energy efficient and effective in alleviating motor symptoms than conventional DBS (cDBS) at matched amplitudes.1,2

However, these studies have not considered whether side effects can also be avoided with clinically effective stimulation. In PD, it is well recognised that a significant proportion of patients develop speech deterioration following DBS of the subthalamic nucleus (STN), which may be reversible.3

Here we test bilateral stimulation, optimising parameters for aDBS, and evaluate speech intelligibility. We hypothesised that acute aDBS would be more effective and more efficient than cDBS at matched stimulation parameters while causing less speech impairment.

METHODS
We recruited 10 patients with advanced idiopathic PD following implantation of DBS electrodes into the STN.2 Recordings took place 3–6 days following electrode placement during a temporary period of externalisation. All participants gave informed written consent, and were tested following overnight withdrawal of dopaminergic medication (see online supplementary material). Two patients were excluded due to external stimulator failure leading to no voltage delivery under aDBS and cDBS conditions.

aDBS stimulation was delivered bilaterally, only when β amplitude exceeded a threshold as previously described.2 aDBS contacts, voltages and trigger thresholds were independently set for the two sides according to motor benefit versus induced paraesthesiae, with the same contacts/voltages used for cDBS.

Stimulation in each block continued for 15 min prior to evaluation. Participants were assessed during blinded and randomised aDBS, cDBS and OFF conditions using the standardised and validated speech intelligibility test (SIT) in which participants read sentences totalling 110 words.4,5 Speech was recorded, and % intelligibility was assessed by a speech and language therapist (blinded to condition). Six of the eight participants completed an MDS-UPDRS-III assessment, which was videoed and rated off-line (rigidity excluded, vUPDRS total=112) by two blinded movement disorder specialists. Two participants did not perform the MDS-UPDRS-III assessment due to fatigue/discomfort related to prolonged off states. Our primary outcome measures were a comparison of aDBS with cDBS for speech (SIT), and for motor impairment (vUPDRS). Statistical testing was performed by repeated measures ANOVA (rmANOVA) and the Student’s t-test.

RESULTS
The mean voltage (fixed across cDBS and aDBS) was 2.7±0.2 V, with stimulation in the aDBS condition delivered 42.6±3.7% of the time.

Motor scores
Baseline vUPDRS-III scores, OFF medication, were 28.8±4.5 (6 participants). This was compared to a mean preoperative score of 36.4, suggestive of a microsurgical effect of surgery. The vUPDRS-III score across the three conditions (Off DBS, aDBS and cDBS) was compared by rmANOVA (6 participants) and demonstrated a significant main effect of stimulation type (Fdf=2=5.4, p=0.025). Our planned contrast revealed a significant improvement of aDBS compared to cDBS (vUPDRS-III means: 19.7±1.0 vs 31.6±4.3; t5=2.71, ptwo tailed=0.042).

DISCUSSION
Recent work has demonstrated that aDBS may be more effective at improving motor symptoms than conventional stimulation in PD with stimulation amplitudes

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*Figure 1* (A) Bar chart showing the mean±SEM speech intelligibility across the three stimulation conditions for all eight patients. (B) Data show individual percentage change for all participants across stimulation conditions, normalised to the Off DBS state. aDBS, adaptive DBS; cDBS, conventional DBS; DBS, deep brain stimulation; SIT, speech intelligibility test.
In conclusion, our study provides the first blinded group data demonstrating that aDBS has the potential to be more efficacious, with lower stimulation efficacy thresholds and less speech side effects than cDBS, although this will need confirmation in trials in chronically implanted patients.

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Contributors SL designed the study, collected and analysed the data and wrote the manuscript. ET helped with data collection, analysis and review and improvement of the manuscript. AP helped with design of the study, speech ratings and writing of the manuscript. MB, HC, DH and SB helped with data collection, analysis and review and improvement of the manuscript. TF helped with design of the study and technical aspects of aDBS that facilitated its implementation, guidance and discussion of results, as well as review and improvement of the manuscript. TA provided help with trial facilitation and review and improvement of the manuscript. BC helped with UPDRS-III ratings, analysis and review and improvement of the manuscript. LZ, MH, JL and PL helped with design and ongoing trial facilitation, review and improvement of the manuscript. LF helped with design and ongoing trial facilitation, MDS-UPDRS III blinded ratings, review and improvement of the manuscript. PB designed the study, collected and analysed the data and wrote the manuscript.

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Competing interests SL has been a participant in a DBS teaching course funded by Medtronic, the manufacturer of the electrodes used in this study. TA has performed consultancy for and received speaking fees from Medtronic. BC has received travel support and unrestricted educational grants for organising CPD events from Medtronic, St Jude’s and Boston Scientific (manufacturers of DBS electrodes), and some of which were used in this study. LZ, MH, TF and PL have received speaking fees and travel support from Medtronic and St Jude’s, and some of which were used in this study. PB has received fees and non-financial support from Medtronic and personal fees from Boston Scientific, and some of which were used in this study.

Ethics approval NRES Committee South Central—Oxford A.

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Data sharing statement This study resulted in a small volume of clinical scoring data which would be happy to share on request by email to the corresponding author.

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